

**FOR IMMEDIATE RELEASE**

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**Families Helping Families Prepare for Thanksgiving Distribution  
Expanding reach outside of Fort Bend County (3,000 families)**

Families Helping Families Houston (**FHF Houston**) is quickly making their efforts known and are drawing the attention of community organizations who applaud the vision and are happy to join forces. Families Helping Families supporters have included HEB, The Fort Bend Sheriff's and Constable Departments, Fort Bend ISD Police Department, City of Sugar Land, Texas Highway Patrol and the Smart Financial Center, just to name a few. FHF provides about 50 perishable and non-perishable food items, including a Thanksgiving turkey.

*"As a kid, I used to prepare meals with my grandparents, and we would deliver them to the homeless living on the streets of downtown Houston. That's why I do this. I want to continue their legacy and give to others through our organization. This year will be tough, but I know we can do it."* commented Quincy Collins, founder of Families Helping Families.

**This year the distribution site will be at Fort Bend ISD George Bush High School located at 6707 FM 1464 RD, Richmond, TX 77407 on Saturday, November 20, 2021 from 8am-4pm**

*"We recognize that the need is real and we are committed to make sure families in need, know that their neighbors understand their situation and are here to lean a hand,"* said Quincy Collins, Families Helping Families, Founder. In order to accomplish the goal of feeding over 3,000 families, FHF is in need of additional financial support. "Each year we learn of more families we could have helped and we want to meet that need."

Families Helping Families is a Non-Profit Organization created to provide food to families in need during the Thanksgiving holiday. Established in 2013, FHF has delivered groceries to more than 800 families.

**Families are carefully preselected by local law enforcement and school counselors and chosen prior to the distribution of groceries, for the program and FHF will continue to observed CDC Guidelines and offer contactless, curbside pickup.**

For information on donating or volunteering please visit: <https://www.fhfhouston.com/> Families Helping Families Houston was founded in 2013, as a grassroots non-profit organization led completely by volunteers who desire to feed needy families in Fort Bend Country for Thanksgiving.



Serving the Houston area  
for the past 8 years



This year's goal is  
3,000 families



Help us reach our goal  
of \$450,000



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